



Your BHS in Ayrshire

# Grids and Poles Evening Demo

Using grids and poles effectively to improve performance  
Course-building demo with Debbie Rodwell  
BHS Stage 4 Senior Coach in Complete Horsemanship

Wednesday 17<sup>th</sup> April 2019 at 7:30pm  
Muirmill Equestrian Centre  
Symington, Kilmarnock KA1 5SH

BHS Ayrshire are delighted to present an interactive course-building demonstration and discussion with renowned coach Debbie Rodwell.

The event will focus on how to get the most from your jump training, setting out grids, placing of trotting and canter poles as well as calculating distances and strides to improve accuracy, balance and confidence. There will be plenty of time for discussion and questions during this informal session which will take place in the main arena. Teas and coffees will be available from the cafe during the event.

The cost for the evening is £8.00 (+£0.50 booking fee)

Open to BHS and non-BHS members. Please note that places will be limited and will be allocated on a first come, first served basis.

**Entries can be made online at:**

<http://clubentries.co.uk/bhsayrshire/index.php>

(Entries close on 16<sup>th</sup> April 2019)

For further details please contact:

Nicola Farquhar, BHS Ayrshire Events Officer  
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If you are not a member of the British Horse Society you can join at  
<https://www.bhs.org.uk/membership>

