**9.30am Registration and Tea/Coffee**

**10am Introduction to the Day**

**10.10am DRESSAGE (Advanced Level Horse and Rider)**What is it all about? Rider education and skill set is paramount. At best the horse can only know as much as his educator. The same is true of a rider/coach combination.

**10.30am RIDERS**  
What is it like to be human? How do they learn? How do they process information? What makes them intellectually superior to a horse? What makes them suitable as educators?

**10.50am HORSES**   
What is it like to be a horse? How do they learn? How do they process information? What makes them intellectually inferior to a human? What makes them suitable as pupils?

**11.10am Tea/Coffee Break**

**11.30am COACHING? TEACHING? TRAINING? INSTRUCTING?**   
What is the difference?

**11.45am TEACHING STYLES**

Looking at different styles of teaching. Adam shall demonstrate teacher led sessions, athlete led sessions, and horse led sessions. This shall cover good and bad teaching techniques and shall demonstrate how far we have come in terms of coaching skills.

**12.30pm LUNCH**

**1.15pm TEACHING A LESSON – LESSON 1 (Prelim level rider)**

1. How to assess the needs of the combination.
2. How to assess the cause of the problems they are having, and how to strategise the improvement process.
3. How to implement the strategy.
4. Assessing rider understanding.
5. How to monitor and measure progress.
6. Setting homework.

**1.55pm TEACHING A LESSON – LESSON 2 (Novice level rider)**

**2.35pm Tea/Coffee Break**

**2.45pm TEACHING A LESSON – LESSON 3 (Elementary/Medium level rider)**

**3.25pm TEACHING A LESSON – LESSON 4 (Group lesson with 4/6 riders)**

**4.15pm Discussion and Q&A**

**4.45pm Finish**