

# Winter Series 4 Triathlon 2022 and PC Area 1 and 19 Qualifiers for Winter Triathlon Final

9am Sunday 6<sup>th</sup> February 2022 Bo'ness Recreation Centre, Gauze Road, Bo'ness EH51 9QB

Class	P.C. Age*	Shoot	Run	Swim
1 Open Boys 2 Open Girls	15 and over	10m 1 hand Turning targets	3000m 1500m	4 mins 3 mins
3 Junior Boys 4 Junior Girls	12-14 years	7m 1 hand Turning targets	1500m	3 mins
5 Mini Boys 6 Mini Girls	10-11 years	7m 1 or 2 hands Turning targets	1000m	2 mins
7 Tadpole Boys 8 Tadpole Girls	8-9 years	7m 2 hands Static targets	1000m	2 mins
9 Beanies	7 and under	Bean Bag Throw	500m	2 mins

(\*) P.C. Age on 01/01/2022 NB Competitors must be 8 years old on the day of competition to shoot

The Winter Series is a 4 triathlon competition in different venues, the first Sunday of the month November to February. Winter Series final standings are your top 3 total triathlon scores with awards presented at WS4. Qualification for the Pony Club Winter Triathlon Championships in Grantham on 27th March takes place at Winter Series 4 . Please see link for qualifying criteria

<https://pcuk.org/sports/tetrathlon/competitions-and-events/winter-triathlon/>

\*\*To be considered for selection for National/International team competitions in 2022 you must participate in at least 3 of the Winter Series\*\*

**ENTRY FEE:** £20 (Beanies £15) via [clubentries.com/scottishtetrathlon](http://clubentries.com/scottishtetrathlon)

**TIMES WILL BE PUBLISHED ON SCOTTISH TETRATHLON FACEBOOK PAGE BY 2<sup>nd</sup> February**

#### AWARDS

There will be individual rosettes to 6<sup>th</sup> overall place for each class. Beanies to Minis will receive phase rosettes to 6<sup>th</sup> place. Juniors and Open will receive 1<sup>st</sup> place phase rosettes only. Live scoring for queries and final results will be posted on <https://www.ponyclubresults.co.uk/>

#### RULES

Competitors must be members of The Pony Club. The competition will be run under 2020 P.C. Tetrathlon Rules.

#### Shooting

In accordance with Pony Club rules, those who are under 8 cannot shoot in this competition. Please take note of the clothing rules as we advise you to dress appropriately. Long trousers are strongly recommended. Footwear which does not extend above the ankle must be worn. Protective or prescription glasses are mandatory for shooting at 7 metres and are recommended for all.

#### Health and Safety

Please take all reasonable precautions to avoid and prevent accidents occurring.

**Liability** Neither the Organisers nor any persons acting on their behalf accept any liability for any loss or damage, accident, injury or illness to competitors, spectators or any other person or property whatsoever.

Application for entry to this competition constitutes acceptance of these conditions.